

Activities

Years 3 to 6 Michaelmas Term 2023





Dear Parents and pupils,

The co-curricular life of our pupils at Hurst Junior Prep School is important to us. We encourage all pupils to try new skills and activities, not only for the sense of wellbeing, achievement and fun they bring, but also because they facilitate the development of many life skills.

In this booklet you will find an extensive list of activities available this term. These offer our pupils the chance to sample a variety of academic, physical and creative options. There are also other opportunities to engage in the wider co-curricular programme with a large number of sports fixtures, drama productions and music concerts throughout the year, plus musical instrument tuition, LAMDA and Royal Academy of Dance (RAD) Ballet lessons.

Please sign up for all activities via the Parent Portal, with the exception of activities that are indicated as invitation only.

We are confident that every child will find something that they enjoy and be able to take advantage of the wonderful opportunities on offer at Hurst Junior Prep.

Nick Oakden Head of Junior Prep School



Mondays

After-School Care Helpers

Years 5 and 6

Every day | 4.30pm - 5.15pm | Year 2 classroom

An opportunity for pupils in Years 5 and 6 to organise games and activities to play with pupils in Reception, Year 1 and Year 2. This activity is available every day for two pupils at a time.

Pupil numbers: 2 max Staff contact: TBC

Athletics

Year 6 (plus Year 7 from Senior Prep)

Mondays | 4.30pm - 5.30pm | Field

Develop the foundation, skills and movement for running, jumping and throwing. Meet outside by the Moore Hall.

Pupil numbers: 12 max

Staff contact: John Clements john.clements@hppc.co.uk

Bounce Dance Company

Years 3 and 4

Mondays | 4.30pm - 5.15pm | Moore Hall

Contemporary dance company creating works for the Prep School Dance Showcase. For this reason consistent attendance is required and if more than three consecutive sessions are missed the pupil's place in the Showcase will be forfeited.

Pupil numbers: 18 max

Staff contact: Nicola Dominy nicola.dominy@hppc.co.uk

Cricket Coaching

Years 5 and 6 (plus Years 7 and 8 from Senior Prep) - invitation only

Mondays | 4.30pm - 5.55pm | Astro/Sports Hall

Small group cricket coaching. Meet outside by the Moore Hall.

Pupil numbers: 20 max

Staff contact: Benjamin Dewey and Kristina Money

benjamin.dewey@hppc.co.uk kristina.money@hppc.co.uk

Drama

Years 3 and 4

Mondays | 4.30pm - 5.15pm | Prep Drama Room

Fun Drama games and activities.

Pupil numbers: 16 max

Staff contact: Rose Hall-Smith rose.hall-smith@hppc.co.uk

Jazz Band

Years 5 and 6 (plus Years 7 and 8 from Senior Prep)

Mondays | 5.15pm - 5.55pm | Music School

A chance for jazz enthusiasts to play together in an ensemble. All instrumentalists welcome.

Staff contact: Mark Travers mark.travers@hppc.co.uk

Manga Club

Years 3 and 4

Mondays | 4.30pm - 5.15pm | Classroom 4B

Pupils can learn and practise drawing Japanese and comic book style illustrations.

Pupil numbers: 20 max Staff contact: Trisha Barrett <u>trisha.barrett@hppc.co.uk</u>

Maypole Dancing

Years 3 and 4

Mondays | 4.30pm - 5.15pm | Location TBC

Have fun learning all the tricks of Maypole Dancing.

Pupil numbers: 8 min, 16 max Staff contact: Aly Llewellyn Slade aly.llewellynslade@hppc.co.uk

Ninjutsu

Beginners, white, red, yellow and orange belts

Years 3 to 6 (plus Years 7 and 8 from Senior Prep)

Mondays | 4.30pm - 5.15pm | Games Room

Pupils on Ninjutsu club lists will be carried over from the previous term. Please deselect on the Parent Portal if not required. Please note parents are required to give one term's notice of their child stopping Ninjutsu. Additional fees apply (cost varies termly, as indicated on the Portal).

Pupil numbers: 16 max

Staff contact: sussexbujinkan@gmail.com



Mondays

Ninjutsu

Blue belts

Years 3 to 6 (plus Years 7 and 8 from Senior Prep)

Mondays | 5.15pm - 5.55pm | Games Room

Pupils on Ninjutsu club lists will be carried over from the previous term. Please deselect on the Parent Portal if not required. Please note parents are required to give one term's notice of their child stopping Ninjutsu. Additional fees apply (cost varies termly, as indicated on the Portal).

Pupil numbers: 16 max

Staff contact: sussexbujinkan@gmail.com

Orchestra

Years 3 to 6 (plus Years 7 and 8 from Senior Prep)

Mondays | 4.30pm - 5.15pm | Music School

All orchestral instrumentalists of a Grade 1+ standard are welcome to attend.

Staff contact: Corey Wickens corey.wickens@hppc.co.uk

Percussion group

Years 5 and 6 (plus Years 7 and 8 from Senior Prep)

Mondays | 4.30pm - 5.00pm | Music School

A percussion group for committed drummers and pianists who enjoy playing in an ensemble.

Pupil numbers: 8 max Staff contact: Mark Travers <u>mark.travers@hppc.co.uk</u>

Rockin' Recorders

Years 3 and 4

Mondays | 10.35am - 10.55am | Music School

A class for beginner recorder players.

Pupil numbers: 8 max

Staff contact: Ms Anne Hodgson anne.hodgson@hppc.co.uk

Rugby

Years 3 and 4 (boys)

Mondays | 4.30pm - 5.15pm | Field

Practice passing, kicking and tackling skills.

Meet outside by the Moore Hall.

Pupil numbers: 25 max

Staff contact: Benjamin Dewey benjamin.dewey@hppc.co.uk

Simply Strings

Years 3 to 6 (plus Years 7 and 8 from Senior Prep)

Mondays | 10.35am - 10.55am | Music School

Violin, viola, cello and double bass players of all abilities are welcome to attend.

Staff contact: Corey Wickens corey.wickens@hppc.co.uk

Spanish

Years 5 and 6

Mondays | 4.30pm - 5.15pm | PG2

Spanish for beginners. Learn about Spain and

Spanish vocabulary.
Pupil numbers: 20 max
Staff contact: Lucy Boucke
lucy.boucke@hppc.co.uk

Tutti Flutti

Year 3

Mondays | 12.15pm - 12.55pm | Music School

Flute ensemble for all flute players.

Pupil numbers: 8 max

Staff contact: Ms Anne Hodgson anne.hodgson@hppc.co.uk

Tuesdays

After-School Care Helpers

Years 5 and 6

Every day | 4.30pm - 5.15pm | Year 2 classroom

An opportunity for pupils in Years 5 and 6 to organise games and activities to play with pupils in Reception, Year 1 and Year 2. This activity is available every day for two pupils at a time.

Pupil numbers: 2 max Staff contact: TBC

Arts and Crafts

Year 3

Tuesdays | 4.30pm - 5.15pm | PS109/Art Room

A fun arts and crafts club including painting, drawing and making.

Pupil numbers: 16 max

Staff contact: Sarah Deelman sarah.deelman@hppc.co.uk

Elevate Dance Company

Years 5 and 6

Tuesdays | 4.40pm - 5.15pm | Moore Hall

Contemporary dance company creating works for the Prep School Dance Showcase. For this reason consistent attendance is required and if more than three consecutive sessions are missed the pupil's place in the Showcase will be forfeited.

Pupil numbers: 18 max Staff contact: Nicola Dominy nicola.dominy@hppc.co.uk

Football

Years 3 and 4 (boys and girls)

Tuesdays | 4.30pm - 5.30pm | Paddock/ Highfields cage

Football skills, drills and fun match play.

Meet outside the Moore Hall.

Pupil numbers: 20 max Staff contact: Ffion Eade ffion.eade@hppc.co.uk

Marvellous Maths

Years 3 and 4

Tuesdays | 4.30pm - 5.15pm | Prep School Library

Have fun with shape and number, including Sudoku, Kenken, tangrams and other mathematical concepts.

Pupil numbers: 15 max

Staff contact: Mrs Claire Gale

claire.gale@hppc.co.uk

Mindfulness

Years 3 to 5

Tuesdays | 4.30pm - 5.15pm | PS111

Mindful breathing, meditation and relaxation techniques with colouring and music.

Pupil numbers: 8 max

Staff contact: Zoe Taylor-West zoe.taylor-west@hppc.co.uk

Improv Club

Year 6 (plus Years 7 and 8 from Senior Prep)

Tuesdays | 12.20pm - 12.55pm | Music School

A chance for instrumental musicians to develop their

 $improvisation\ skills.$

Pupil numbers: 8 pupils max Staff contact: Mark Travers mark.travers@hppc.co.uk

Ninjutsu

Second blue, purple, brown and black belts

Years 3 to 6 (plus Years 7 and 8 from Senior Prep)

Tuesdays | 5.15pm - 5.55pm | Games Room

Pupils on Ninjutsu club lists will be carried over from the previous term. Please deselect on the Parent Portal if not required. Please note parents are required to give one term's notice of their child stopping Ninjutsu. Additional fees apply (cost varies termly, as indicated on the Portal).

Pupil numbers: 16 max

Staff contact: sussexbujinkan@gmail.com

Science club

Years 3 and 4

Tuesdays | 4.30pm - 5.15pm | JS1

A fun Science club.

Staff contact: Kristina Money kristina.money@hppc.co.uk

Vibrant Voices

Years 4 to 6

Tuesdays | 12.20pm - 12.55pm | Music School

A vocal group singing light repertoire in harmony.

Staff contact: Kate Bray kate.bray@hppc.co.uk

Woodland and Campcraft Skills

Year 6 (plus Year 7 from Senior Prep)

Tuesdays | 4.30pm - 5.30pm | Woodland School

A woodland and campcraft skills session, including fire building, cooking, dead hedging, building dens, exploring the flora and fauna and making items using wood such as whistles. Pupils should sign up for one term only.

Pupil numbers: 6 max

Staff contact: Christopher Filkins christopher.filkins@hppc.co.uk





Wednesdays

After-School Care Helpers

Years 5 and 6

Every day | 4.30pm - 5.15pm | Year 2 classroom

An opportunity for pupils in Years 5 and 6 to organise games and activities to play with pupils in Reception, Year 1 and Year 2. This activity is available every day for two pupils at a time.

Pupil numbers: 2 max Staff contact: TBC

Ballet (Open Level)

Years 3 to 6 (plus Years 7 and 8 from Senior Prep)

Wednesdays | 5.15pm - 6.00pm | New Dance Studio

Open level, mixed ability Ballet creating works for the Prep School Dance Showcase. For this reason consistent attendance is required and if more than three consecutive sessions are missed the pupil's place in the Showcase will be forfeited.

Pupil numbers: 18 max

Staff contact: Caroline Ticktum caroline.ticktum@hppc.co.uk

Flute Juice

Years 3 to 6 (plus Years 7 and 8 from Senior Prep)

Wednesdays | 10.35am - 10.55am | Music School

Flute ensemble for all flute players in all year groups.

Pupil numbers: 18 max

Staff contact: Ms Anne Hodgson anne.hodgson@hppc.co.uk

Hurst Farm

Years 4 and 5

Wednesdays | 4.30pm - 5.30pm | Farm

Help out on our on-site farm. Runs until half term.

Pupil numbers: 3 min, 6 max Staff contact: Mrs Sarah Peach sarah.peach@hppc.co.uk

Tap Dancing

Years 3 to 6

Wednesdays | 4.30pm - 5.15pm | Moore Hall

Open Level Tap creating works for the Prep School Dance Showcase. For this reason consistent attendance is required and if more than three consecutive sessions are missed the pupil's place in the Showcase will be forfeited.

Pupil numbers: 18 max

Staff contact: Caroline Ticktum caroline.ticktum@hppc.co.uk

Swerve Soccer

Years 3 and 4

Wednesdays | 4.30pm - 5.15pm | Location TBC

Developing each individual's football skills in a fun coaching environment.

Pupil numbers: 30 max

Staff contact: George at Swerve Soccer Camps

george@swervesoccercamps.com

Swim Squad

Years 3 and 4 - invitation only

Wednesdays | 4.30pm - 5.30pm | Swimming pool

Invitation to join the Swim Squad is by a swimming trial.

Staff contact: Anthony Gray anthony.gray@hppc.co.uk

Thursdays

After-School Care Helpers

Years 5 and 6

Every day | 4.30pm - 5.15pm | Year 2 classroom

An opportunity for pupils in Years 5 and 6 to organise games and activities to play with pupils in Reception, Year 1 and Year 2. This activity is available every day for two pupils at a time.

Pupil numbers: 2 max Staff contact: TBC

Art Club

Years 5 and 6

Thursdays | 4.30pm - 5.15pm | Art Room

Work with a range of materials to develop art skills.

Pupil numbers: 16 max Staff contact: Jane Cross jane.cross@hppc.co.uk

British Sign Language (BSL)

Years 3 to 6 (plus Years 7 and 8 from Senior Prep)

Thursdays | 4.30pm - 5.15pm | PG1

Pupils will learn conversational BSL and a Sign Supported Language song to finish the term.

Pupil numbers: 4 min, 14 max Staff contact: Aly Llewellyn Slade alv.llewellynslade@hppc.co.uk

Heart of Hurst newspaper

Years 3 to 6 (plus Years 7 and 8 from Senior Prep)

- invitation only

Thursdays | 12.15pm - 12.45pm | PS111

A digital newspaper written by different year groups each term.

Staff contact: Zoe Taylor-West zoe.taylor-west@hppc.co.uk

Hockey

Years 3 and 4 (boys and girls)

Years 5 and 6 (boys and girls)

Thursdays | 4.30pm - 5.30pm | West/South Astro

Hockey training with skills, drills and fun match play.

Meet outside by the Moore Hall. Pupil numbers: 25 max (per club)

Staff contact: Benjamin Dewey and Kristina Money

benjamin.dewey@hppc.co.uk kristina.money@hppc.co.uk

Lego

Years 5 and 6

Thursdays | 4.30pm - 5.15pm | Prep School Library

A quiet, creative club for building Lego - plus a

weekly challenge!
Pupil numbers: 20 max
Staff contact: Laura Duffield
laura.duffield@hppc.co.uk

More Marvellous Maths

Years 5 and 6

Thursdays | 4.30pm - 5.15pm | PT3

A variety of fun maths puzzles, games and challenges.

Pupil numbers: 16 max Staff contact: Lydia Crichton <u>lydia.crichton@hppc.co.uk</u>

Music Theory

Years 3 to 6 (plus Years 7 and 8 from Senior Prep)

Thursdays | 12.30pm - 12.50pm | MU001

For students wishing to improve their understanding of musical theory or are working towards a graded theory exam.

Pupil numbers: 8 pupils max Staff contact: Saffron Usher saffron.usher@hppc.co.uk

Swim Squad

Years 5 to 6 (plus Years 7 and 8 from Senior Prep) - invitation only

Thursdays | 4.30pm - 6.00pm | Swimming pool

Invitation to join the Swim Squad is by a swimming trial.

Staff contact: Anthony Gray anthony.gray@hppc.co.uk

Rugby

Years 5 and 6 (boys)

Thursdays | 4.30pm - 5.55pm | Field

Practice passing, kicking and tackling skills.

Meet outside by the Moore Hall.

Pupil numbers: 50 max

Staff contact: Benjamin Dewey benjamin.dewey@hppc.co.uk

Street Dance Crew

Years 5 and 6

Thursdays | 4.30pm - 5.15pm | Games Room

Open Level Street creating works for the Prep School Dance Showcase. For this reason consistent attendance is required and if more than three consecutive sessions are missed the pupil's place in the Showcase will be forfeited.

Pupil numbers: 18 max

Staff contact: Nicola Dominy nicola.dominy@hppc.co.uk





Fridays

After-School Care Helpers

Years 5 and 6

Every day | 4.30pm - 5.15pm | Year 2 classroom

An opportunity for pupils in Years 5 and 6 to organise games and activities to play with pupils in Reception, Year 1 and Year 2. This activity is available every day for two pupils at a time.

Pupil numbers: 2 max Staff contact: TBC

Coding and Computing

Years 3 to 5

Fridays | 4.30pm - 5.15pm | PM3

Pupils practise coding using Scratch on the PCs and Kodable on the iPads. They use apps such as PowerPoint and Word to develop their computing skills.

Pupil numbers: 20 max Staff contact: Kate O'Neill kate.oneill@hppc.co.uk

Cricket

Years 3 and 4 club (boys and girls)

Years 5 and 6 club (boys and girls)

Fridays | 4.30pm - 5.30pm | Astro/Sports Hall

Practise bowling and batting. Meet outside by the Moore Hall.

Pupil numbers: 20 max (per club)

Staff contact: Staff contact: Benjamin Dewey and

Kristina Money

benjamin.dewey@hppc.co.uk kristina.money@hppc.co.uk

Film Club

Years 3 to 6

Fridays | 4.30pm - 5.15pm | Classroom 4B

A relaxed way to end the week watching

U certificate films.

Pupil numbers: 4 min, 20 max Staff contact: Emily Trevelyan emily.trevelyan@hppc.co.uk

Football (Girls)

Years 4 to 6 (girls)

Fridays | 4.30pm - 5.55pm | South Astro

A football club specifically for girls.

Staff contact: Ffion Eade ffion.eade@hppc.co.uk

Nethall

Years 3 and 4 club (girls)

Years 5 and 6 club (girls)

Fridays | 4.30pm - 5.55pm | Netball Courts

All abilities welcome. Fun netball drills and match

play. Meet outside by the Moore Hall. Pupil numbers: 30 max (per club) Staff contact: Kristina Money

kristina.money@hppc.co.uk

Street Dance Crew

Years 3 and 4

Fridays | 11.50am - 1.00pm | New Dance Studio

Open Level Street creating works for the Prep School Dance Showcase. For this reason consistent attendance is required and if more than three consecutive sessions are missed the pupil's place in the Showcase will be forfeited. Packed lunch will be provided.

Pupil numbers: 18 max Staff contact: Nicola Dominy nicola.dominy@hppc.co.uk

Tennis

Years 5 and 6 (boys and girls) (plus Years 7 and 8 from Senior Prep)

Fridays | 4.30pm - 5.55pm | Tennis Courts

Learn key racket and ball handling skills, as well as game play. Meet outside by the Moore Hall.

Pupil numbers: 30 max

Staff contact: Staff contact: Benjamin Dewey and Kristina Money <u>benjamin.dewey@hppc.co.uk</u>

kristina.money@hppc.co.uk

Waterpolo

Years 5 and 6 (plus Years 7 and 8 from Senior Prep)

Fridays | 4.30pm - 5.30pm | Swimming pool

Pupils need to be competent and confident swimmers, able to tread water and comfortable out of their depth.

Pupil numbers: 10 min, 14 max Staff contact: Anthony Gray anthony.gray@hppc.co.uk

Hurstpierpoint College

College Lane, Hassocks, West Sussex BN6 9JS

Telephone 01273 833636 Email info@hppc.co.uk

f @HurstCollege

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