



Hurst



Activities

Years 7 and 8

Lent Term 2024

Senior Prep School





Hurst

Dear Parents and pupils,

The co-curricular life of our pupils at Hurst Senior Prep School is important to us. We encourage all pupils to try new skills and activities, not only for the sense of wellbeing, achievement and fun they bring, but also because they facilitate the development of many life skills.

In this booklet you will find an extensive list of activities available this term. These offer our pupils the chance to sample a variety of academic, physical and creative options. There are also other opportunities to engage in the wider co-curricular programme with a large number of sports fixtures, drama productions and music concerts throughout the year, plus musical instrument tuition, LAMDA and Royal Academy of Dance (RAD) Ballet lessons.

Please sign up for all activities via the Parent Portal, with the exception of activities that are indicated as invitation only.

We are confident that every child will find something that they enjoy and be able to take advantage of the wonderful opportunities on offer at Hurst Senior Prep.

Simon Lilley
Head of Senior Prep School



Mondays

Cricket Coaching

Years 7 and 8 (plus Years 5 and 6 from Junior Prep)
- invitation only

Mondays | 4.30pm – 5.55pm | Astro/Sports Hall

Small group cricket coaching. Meet outside by the Moore Hall.

Pupil numbers: 20 max

Staff contact: Benjamin Dewey and Kristina Money

benjamin.dewey@hppc.co.uk

kristina.money@hppc.co.uk

DT Electronics – Electronic Dice

Year 8

Mondays | 5.15pm – 5.55pm | DT2

An exciting electronics project which will allow you to solder a simple circuit to create an electronic dice and to design and manufacture an enclosure for the circuit.

Pupil numbers: 12 max

Staff contact: Ruth Brown

ruth.brown@hppc.co.uk

DT Metalwork – Oil burner

Year 7

Mondays | 4.30pm – 5.15pm | DT2

Learn metalworking forming and joining processes to create an oil burner.

Pupil numbers: 12 max

Staff contact: Ruth Brown

ruth.brown@hppc.co.uk

Jazz Band

Years 7 and 8 (plus Years 5 and 6 from Junior Prep)

Mondays | 5.15pm – 5.55pm | Music School

A chance for jazz enthusiasts to play together in an ensemble. All instrumentalists welcome.

Staff contact: Mark Travers

mark.travers@hppc.co.uk

Leap Dance Company

Years 7 and 8

Mondays | 5.15pm – 6.00pm | Moore Hall

Contemporary dance company creating works for the Prep School Dance Showcase. For this reason consistent attendance is required and if more than three consecutive sessions are missed the pupil's place in the Showcase will be forfeited.

Pupil numbers: 18 max

Staff contact: Nicola Dominy

nicola.dominy@hppc.co.uk

Ninjutsu

Beginners, white, red, yellow and orange belts

Years 7 and 8 (plus Years 3 to 6 from Junior Prep)

Mondays | 4.30pm – 5.15pm | Games Room

Children on Ninjutsu club lists will be carried over from the previous term. Please deselect on the Parent Portal if not required. Please note parents are required to give one term's notice of their child stopping Ninjutsu. Additional fees apply (cost varies termly, as indicated on the Portal).

Pupil numbers: 16 max

Staff contact: sussexbujinkan@gmail.com

Ninjutsu

Blue belts

Years 7 and 8 (plus Years 3 to 6 from Junior Prep)

Mondays | 5.15pm – 5.55pm | Games Room

Children on Ninjutsu club lists will be carried over from the previous term. Please deselect on the Parent Portal if not required. Please note parents are required to give one term's notice of their child stopping Ninjutsu. Additional fees apply (cost varies termly, as indicated on the Portal).

Pupil numbers: 16 max

Staff contact: sussexbujinkan@gmail.com

Mondays

Orchestra

Years 7 and 8 (plus Years 3 to 6 from Junior Prep)

Mondays | 4.30pm - 5.15pm | Music School

All orchestral instrumentalists of a Grade 1+ standard are welcome to attend.

Staff contact: Corey Wickens

corey.wickens@hppc.co.uk

Percussion group

Years 7 and 8 (plus Years 5 and 6 from Junior Prep)

Mondays | 4.30pm - 5.00pm | Music School

A percussion group for committed drummers and pianists who enjoy playing in an ensemble.

Pupil numbers: 8 pupils max

Staff contact: Mark Travers

mark.travers@hppc.co.uk

Simply Strings

Years 7 and 8 (plus Years 3 to 6 from Junior Prep)

Mondays | 10.35am - 10.55am | Music School

Violin, viola, cello and double bass players of all abilities are welcome to attend.

Staff contact: Corey Wickens

corey.wickens@hppc.co.uk

Strength and Conditioning

Year 8 - invitation only

Mondays | 4.30pm - 5.55pm | Gym

Resistance, agility and speed training.

Staff contact: Benjamin Dewey and Kristina Money

benjamin.dewey@hppc.co.uk

kristina.money@hppc.co.uk



Hurst

Tuesdays

Art Club

Year 8 - invitation only

Tuesdays | 4.30pm – 5.55pm | Prep Art Room

Building a Portfolio in preparation for Art Scholarship applications.

Staff contact: Lucy Lane

lucy.lane@hppc.co.uk

Confirmation

Years 7 and 8

Tuesdays | 4.30pm - 5.15pm | Chapel Vestry

Explore ideas and talk about Christianity with the option to be confirmed by the Bishop at the end of the course.

Staff contact: Janneke Blokland

janneke.blokland@hppc.co.uk

Cross Country Running

Years 7 and 8

Tuesdays | 4.30pm - 5.30pm | Field

Learn and practise technique for long distance running. Meet outside by the Moore Hall. After half term only.

Pupil numbers: 8 max

Staff contact: Philip Jacques

philip.jacques@hppc.co.uk

Drama Club (Year 8)

Year 8 - invitation only

Tuesdays | 4.30pm - 5.15pm | PSDR

Preparation for Drama Scholarship applications, as well as rehearsals for a Year 8 studio play in the Summer term.

Staff contact: Mr Marcus Wilkinson

marcus.wilkinson@hppc.co.uk

French Culture and Film Club

Years 7 and 8

Tuesdays | 4.30pm – 5.15pm | PG2

An opportunity to enjoy French culture such as food, films, TV and History.

Pupil numbers: 20 max

Staff contact: Alison Filkins

alison.filkins@hppc.co.uk

Improv Club

Years 7 and 8 (plus Year 6 from Junior Prep)

Tuesdays | 12.20pm – 12.55pm | Music School

A chance for musicians to develop their improvisation skills.

Pupil numbers: 8 pupils max

Staff contact: Mark Travers

mark.travers@hppc.co.uk

Music Theory

Years 7 and 8

Tuesdays | 12.30pm – 12.50pm | PM3

For students wishing to improve their understanding of musical theory or are working towards a graded theory exam.

Pupil numbers: 8 pupils max

Staff contact: Miss Usher

saffron.usher@hppc.co.uk

Ninjutsu

Second blue, purple, brown and black belts

Years 7 and 8 (plus Years 3 to 6 from Junior Prep)

Tuesdays | 5.15pm – 5.55pm | Games Room

Children on Ninjutsu club lists will be carried over from the previous term. Please deselect on the Parent Portal if not required. Please note parents are required to give one term's notice of their child stopping Ninjutsu. Additional fees apply (cost varies termly, as indicated on the Portal).

Pupil numbers: 16 max

Staff contact: sussexbujinkan@gmail.com

Philosothon

Years 7 and 8

Tuesdays | 4.30pm – 5.15pm | PT05

Collaborative debating to gain deeper understanding of philosophical topics.

Pupil numbers: 16 max

Staff contact: Martin Clay

martin.clay@hppc.co.uk

Propulsion Boys Dance Co.

Years 7 and 8 (boys)

Tuesdays | 5.15pm – 6.00pm | Dance Studio

Boys Physical Theatre, contact work, body conditioning, Pilates and Contemporary Dance. We work with, and alongside, Senior School boys.

Pupil numbers: 18 max

Staff contact: Nicola Dominy

nicola.dominy@hppc.co.uk

Street Dance Crew

Years 7 and 8

Tuesdays | 4.30pm – 5.15pm | New Bury Foyer

A Street Dance crew creating works for the Prep School Dance Showcase. For this reason consistent attendance is required and if more than three consecutive sessions are missed then the pupil's place in the Showcase will be forfeited.

Pupil numbers: 18 max

Staff contact: Nicola Dominy

nicola.dominy@hppc.co.uk

Tabletop Gaming

Years 7 and 8

Tuesdays | 4.30pm – 5.15pm | Physics 3

A club for those who want to focus on modelling, painting and playing tabletop games, such as Warhammer. Attendees MUST have prior experience. If your child is new to tabletop gaming but interested in joining, please email Mr Pocknell for advice on how to get started before signing up for the club.

Pupil numbers: 10 max

Staff contact: Oliver Pocknell

oliver.pocknell@hppc.co.uk

Woodland and Campcraft Skills

Year 7 (plus Year 6 from Junior Prep)

Tuesdays | 4.30pm – 5.30pm | Woodland School

A woodland and campcraft skills session, including fire building, cooking, dead hedging, building dens, exploring the flora and fauna and making items using wood such as whistles. From half term onwards. Pupils should sign up for one term only.

Pupil numbers: 6 max

Staff contact: Christopher Filkins

christopher.filkins@hppc.co.uk



Wednesdays

Ballet (Open Level)

Years 7 and 8

Wednesdays | 5.15pm – 6.00pm | Dance Studio

Open Level Ballet accessible to any pupil of any ability.

Pupil numbers: 18 max

Staff contact: Caroline Ticktum

caroline.ticktum@hppc.co.uk

Flute Juice

Years 7 and 8 (plus Years 3 to 6 from Junior Prep)

Wednesdays | 10.35am – 10.55am | Music School

Flute ensemble for all flute players in all year groups.

Pupil numbers: 18 max

Staff contact: Ms Anne Hodgson

anne.hodgson@hppc.co.uk

Tap Dancing (Senior Prep)

Years 7 and 8

Wednesdays | 12.15pm – 1.00pm | Moore Hall

Open Level Tap accessible to any pupil of any ability.

Pupil numbers: 18 max

Staff contact: Caroline Ticktum

caroline.ticktum@hppc.co.uk

Thursdays

Art Club

Years 7 and 8

Thursdays | 5.15pm – 5.55pm | Prep Art Room

Work with a range of materials to develop art skills.

Pupil numbers: 16 max

Staff contact: Jane Cross

jane.cross@hppc.co.uk

Athletics

Years 7 and 8 (plus Years 5 and 6 from Junior Prep)

Thursdays | 4.30pm – 5.30pm | Highfield Cage

Develop the foundation, skills and movement for running, jumping and throwing.

Pupil numbers: 20 max

Staff contact: Benjamin Dewey and Kristina Money

benjamin.dewey@hppc.co.uk

kristina.money@hppc.co.uk

British Sign Language (BSL)

Years 7 and 8 (plus Years 3 to 6 from Junior Prep)

Thursdays | 4.30pm – 5.15pm | PG1

Pupils will learn conversational BSL and a Sign Supported Language song to finish the term.

Pupil numbers: 4 min, 14 max

Staff contact: Aly Llewellyn Slade

aly.llewellynslade@hppc.co.uk

Chess Club

Years 7 and 8

Thursdays | 4.30pm – 5.55pm | Prep Library

A club for Chess players to work on their game strategy and play against other pupils.

Pupil numbers: 22 max

Staff contact: Simon Lilley

simon.lilley@hppc.co.uk

Climbing Club

Years 7 and 8

Thursdays | 4.30pm – 5.30pm | Climbing wall

Bouldering and climbing on the school climbing wall.

Pupil numbers: 4 min, 8 max

Staff contact: Sarah Peach

sarah.peach@hppc.co.uk

Cricket

Years 7 and 8 (boys and girls)

Thursdays | 4.30pm – 5.55pm | Astro/Sports Hall

Practise bowling and batting. Meet outside by the Moore Hall.

Pupil numbers: 30 max

Staff contact: Benjamin Dewey and Kristina Money

benjamin.dewey@hppc.co.uk

kristina.money@hppc.co.uk

Greek Club

Years 7 and 8

Thursdays | 12.30pm – 12.55pm | Location TBC

An exciting exploration into ancient Greek myth and language.

Pupil numbers: 10 max

Staff contact: Tamsin Morton

tamsin.morton@hppc.co.uk

Heart of Hurst newspaper

Years 7 and 8 (plus Years 3 to 6 from Junior Prep)
- invitation only

Thursdays | 12.15pm – 12.45pm | PS111

A digital newspaper written by different year groups each term.

Staff contact: Zoe Taylor-West

zoe.taylor-west@hppc.co.uk

Light Lunch

Years 7 and 8

Thursdays | 12.05pm – 12.55pm | Chapel

Engage in discussion about the Light of the World with a light buffet lunch.

Pupil numbers: 80 max

Staff contact: Janneke Blokland

janneke.blokland@hppc.co.uk

Performance Club

Year 8 - invitation only

Thursdays | 4.30pm – 5.15pm | PM3

An opportunity for pupils to build confidence and develop their performance skills.

Staff contact: Simon Lilley

simon.lilley@hppc.co.uk

Rugby

Years 7 and 8 (boys)

Thursdays | 4.30pm – 5.55pm | Field

A chance for pupils to practice their passing, kicking and tackling skills. Meet outside by the Moore Hall.

Pupil numbers: 50 max

Staff contact: Benjamin Dewey

benjamin.dewey@hppc.co.uk

Swim Squad

Years 7 and 8 (plus Years 5 and 6 from Junior Prep)
- invitation only

Thursdays | 4.30pm – 6.00pm | Swimming pool

Invitation to join the Swim Squad is by a swimming trial.

Staff contact: Anthony Gray

anthony.gray@hppc.co.uk



Fridays

Chapel Choir (Senior Prep School)

Years 7 and 8

Fridays | 12.20pm – 12.55pm | Chapel

The Senior Prep School Chapel Choir will cover a range of musical genres and prepare performances to sing in chapel services and concerts.

Staff contact: Kate Bray

kate.bray@hppc.co.uk

Drama Club (Year 7)

Year 7

Fridays | 4.30pm – 6.00pm | Various

Rehearsals for the Year 7 Drama production. Meet in the Prep Drama Room.

Staff contact: Jess Dinmore

jess.dinmore@hppc.co.uk

DT Woodwork – Birdhouse

Year 7

Fridays | 4.30pm – 5.15pm | DT4

Expand on your woodworking skills to build a functional birdhouse.

Pupil numbers: 10 max

Staff contact: Joe Mint / Ruth Brown

ruth.brown@hppc.co.uk

DT Woodwork – Laminated Salad Servers

Year 8

Fridays | 5.15pm – 5.55pm | DT4

Lamination of wood is an important strengthening process. Learn how to create a foam former and use flexi-ply to make a pair of curved salad servers.

Pupil numbers: 10 max

Staff contact: Joe Mint / Ruth Brown

ruth.brown@hppc.co.uk

Hockey

Years 7 and 8 (boys and girls)

Fridays | 4.30pm – 5.55pm | South Astro

Hockey training with skills, drills and fun match play. Meet outside by the Moore Hall.

Pupil numbers: 50 max

Staff contact: Benjamin Dewey and Kristina Money

benjamin.dewey@hppc.co.uk

kristina.money@hppc.co.uk

Tennis

Years 7 and 8 (boys and girls) (plus Years 5 and 6 from Junior Prep)

Fridays | 4.30pm – 5.55pm | Tennis Courts

Learn racket control, grip, basic strokes and fun game play. Meet outside by the Moore Hall.

Pupil numbers: 30 max

Staff contact: Benjamin Dewey and Kristina Money

benjamin.dewey@hppc.co.uk

kristina.money@hppc.co.uk

Waterpolo

Years 7 and 8 (plus Years 5 and 6 from Junior Prep)

Fridays | 4.30pm – 5.30pm | Swimming pool

Pupils need to be competent and confident swimmers, able to treadwater and comfortable out of their depth.

Pupil numbers: 10 pupils min, 14 pupils max

Staff contact: Anthony Gray

anthony.gray@hppc.co.uk

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