



# Activities

Years 3 to 6  
Lent Term 2024

Junior Prep School

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Dear Parents and pupils,

The co-curricular life of our pupils at Hurst Junior Prep School is important to us. We encourage all pupils to try new skills and activities, not only for the sense of wellbeing, achievement and fun they bring, but also because they facilitate the development of many life skills.

In this booklet you will find an extensive list of activities available this term. These offer our pupils the chance to sample a variety of academic, physical and creative options. There are also other opportunities to engage in the wider co-curricular programme with a large number of sports fixtures, drama productions and music concerts throughout the year, plus musical instrument tuition, LAMDA and Royal Academy of Dance (RAD) Ballet lessons.

Please sign up for all activities via the Parent Portal, with the exception of activities that are indicated as invitation only.

We are confident that every child will find something that they enjoy and be able to take advantage of the wonderful opportunities on offer at Hurst Junior Prep.

**Nick Oakden**  
*Head of Junior Prep School*





# Mondays

## After-School Care Helpers

**Years 5 and 6**

**Every day | 4.30pm – 5.15pm | Year 2 classroom**

An opportunity for pupils in Years 5 and 6 to organise games and activities to play with pupils in Reception, Year 1 and Year 2. This activity is available every day for two pupils at a time.

Pupil numbers: 2 max

Staff contact: Hattie Thompson

[hattie.thompson@hppc.co.uk](mailto:hattie.thompson@hppc.co.uk)

## Bounce Dance Company

**Years 3 and 4**

**Mondays | 4.30pm – 5.15pm | Moore Hall**

Contemporary dance company creating works for the Prep School Dance Showcase. For this reason consistent attendance is required and if more than three consecutive sessions are missed the pupil's place in the Showcase will be forfeited.

Pupil numbers: 18 max

Staff contact: Nicola Dominy

[nicola.dominy@hppc.co.uk](mailto:nicola.dominy@hppc.co.uk)

## British Sign Language (BSL)

**Years 3 to 6** (plus Years 7 and 8 from Senior Prep)

**Mondays | 4.30pm – 5.15pm | PG1**

Pupils will learn conversational BSL and a Sign Supported Language song to finish the term.

Pupil numbers: 4 min, 14 max

Staff contact: Aly Llewellyn Slade

[aly.llewellynslade@hppc.co.uk](mailto:aly.llewellynslade@hppc.co.uk)

## Cricket Coaching

**Years 5 and 6** (plus Years 7 and 8 from Senior Prep)  
**- invitation only**

**Mondays | 4.30pm – 5.55pm | Astro/Sports Hall**

Small group cricket coaching. Meet outside by the Moore Hall.

Pupil numbers: 20 max

Staff contact: Benjamin Dewey and Kristina Money

[benjamin.dewey@hppc.co.uk](mailto:benjamin.dewey@hppc.co.uk)

[kristina.money@hppc.co.uk](mailto:kristina.money@hppc.co.uk)

## Drama

**Years 3 and 4**

**Mondays | 4.30pm – 5.15pm | Prep Drama Room**

Fun Drama games and activities.

Pupil numbers: 16 max

Staff contact: Luke Gasper

[luke.gasper@hppc.co.uk](mailto:luke.gasper@hppc.co.uk)

## Jazz Band

**Years 5 and 6** (plus Years 7 and 8 from Senior Prep)

**Mondays | 5.15pm – 5.55pm | Music School**

A chance for jazz enthusiasts to play together in an ensemble. All instrumentalists welcome.

Staff contact: Mark Travers

[mark.travers@hppc.co.uk](mailto:mark.travers@hppc.co.uk)

## Manga Club

**Years 3 to 6**

**Mondays | 4.30pm – 5.15pm | Prep Library**

Pupils can learn and practise drawing Japanese and comic book style illustrations.

Pupil numbers: 20 max

Staff contact: Trisha Barrett

[trisha.barrett@hppc.co.uk](mailto:trisha.barrett@hppc.co.uk)

## Ninjutsu

**Beginners, white, red, yellow and orange belts**

**Years 3 to 6** (plus Years 7 and 8 from Senior Prep)

**Mondays | 4.30pm – 5.15pm | Games Room**

Pupils on Ninjutsu club lists will be carried over from the previous term. Please deselect on the Parent Portal if not required. Please note parents are required to give one term's notice of their child stopping Ninjutsu. Additional fees apply (cost varies termly, as indicated on the Portal).

Pupil numbers: 16 max

Staff contact: [sussexbujinkan@gmail.com](mailto:sussexbujinkan@gmail.com)

# Mondays

## Ninjutsu

### Blue belts

**Years 3 to 6** (plus Years 7 and 8 from Senior Prep)

**Mondays | 5.15pm – 5.55pm | Games Room**

Pupils on Ninjutsu club lists will be carried over from the previous term. Please deselect on the Parent Portal if not required. Please note parents are required to give one term's notice of their child stopping Ninjutsu. Additional fees apply (cost varies termly, as indicated on the Portal).

Pupil numbers: 16 max

Staff contact: [sussexbujinkan@gmail.com](mailto:sussexbujinkan@gmail.com)

## Orchestra

**Years 3 to 6** (plus Years 7 and 8 from Senior Prep)

**Mondays | 4.30pm – 5.15pm | Music School**

All orchestral instrumentalists of a Grade 1+ standard are welcome to attend.

Staff contact: Corey Wickens

[corey.wickens@hppc.co.uk](mailto:corey.wickens@hppc.co.uk)

## Percussion group

**Years 5 and 6** (plus Years 7 and 8 from Senior Prep)

**Mondays | 4.30pm – 5.00pm | Music School**

A percussion group for committed drummers and pianists who enjoy playing in an ensemble.

Pupil numbers: 8 max

Staff contact: Mark Travers

[mark.travers@hppc.co.uk](mailto:mark.travers@hppc.co.uk)

## Rockin' Recorders

**Years 3 and 4**

**Mondays | 10.35am – 10.55am | Music School**

A class for beginner recorder players.

Pupil numbers: 8 max

Staff contact: Ms Anne Hodgson

[anne.hodgson@hppc.co.uk](mailto:anne.hodgson@hppc.co.uk)

## Simply Strings

**Years 3 to 6** (plus Years 7 and 8 from Senior Prep)

**Mondays | 10.35am – 10.55am | Music School**

Violin, viola, cello and double bass players of all abilities are welcome to attend.

Staff contact: Corey Wickens

[corey.wickens@hppc.co.uk](mailto:corey.wickens@hppc.co.uk)

## Spanish

**Years 5 and 6**

**Mondays | 4.30pm – 5.15pm | PG2**

Spanish for beginners. Learn about Spain and Spanish vocabulary.

Pupil numbers: 20 max

Staff contact: Lucy Boucke

[lucy.boucke@hppc.co.uk](mailto:lucy.boucke@hppc.co.uk)

## Tutti Flutti

**Year 3**

**Mondays | 12.15pm – 12.55pm | Music School**

Flute ensemble for all flute players.

Pupil numbers: 8 max

Staff contact: Ms Anne Hodgson

[anne.hodgson@hppc.co.uk](mailto:anne.hodgson@hppc.co.uk)





Hurst

# Tuesdays

## After-School Care Helpers

**Years 5 and 6**

**Every day | 4.30pm – 5.15pm | Year 2 classroom**

An opportunity for pupils in Years 5 and 6 to organise games and activities to play with pupils in Reception, Year 1 and Year 2. This activity is available every day for two pupils at a time.

Pupil numbers: 2 max

Staff contact: Hattie Thompson

[hattie.thompson@hppc.co.uk](mailto:hattie.thompson@hppc.co.uk)

## Country Dancing

**Years 3 and 4**

**Tuesdays | 4.30pm – 5.15pm | Location TBC**

Have fun learning Country Dancing.

Pupil numbers: 8 min, 16 max

Staff contact: Aly Llewellyn Slade

[aly.llewellynslade@hppc.co.uk](mailto:aly.llewellynslade@hppc.co.uk)

## Elevate Dance Company

**Years 5 and 6**

**Tuesdays | 4.40pm – 5.15pm | Moore Hall**

Contemporary dance company creating works for the Prep School Dance Showcase. For this reason consistent attendance is required and if more than three consecutive sessions are missed the pupil's place in the Showcase will be forfeited.

Pupil numbers: 18 max

Staff contact: Nicola Dominy

[nicola.dominy@hppc.co.uk](mailto:nicola.dominy@hppc.co.uk)

## Football

**Years 3 and 4 (boys and girls)**

**Tuesdays | 4.30pm – 5.30pm | Paddock/Highfields cage**

Football skills, drills and fun match play.

Meet outside the Moore Hall.

Pupil numbers: 20 max

Staff contact: Ffion Eade

[ffion.eade@hppc.co.uk](mailto:ffion.eade@hppc.co.uk)

## Lego

**Years 3 and 4**

**Tuesdays | 4.30pm – 5.15pm | 3D classroom**

A quiet, creative club for building Lego – plus a weekly challenge!

Pupil numbers: 12 max

Staff contact: Sarah Deelman

[sarah.deelman@hppc.co.uk](mailto:sarah.deelman@hppc.co.uk)

## Mindfulness

**Years 3 to 5**

**Tuesdays | 4.30pm – 5.15pm | PS111**

Mindful breathing, meditation and relaxation techniques with colouring and music.

Pupil numbers: 8 max

Staff contact: Zoe Taylor-West

[zoe.taylor-west@hppc.co.uk](mailto:zoe.taylor-west@hppc.co.uk)

## Improv Club

**Year 6** (plus Years 7 and 8 from Senior Prep)

**Tuesdays | 12.20pm – 12.55pm | Music School**

A chance for musicians to develop their improvisation skills.

Pupil numbers: 8 pupils max

Staff contact: Mark Travers

[mark.travers@hppc.co.uk](mailto:mark.travers@hppc.co.uk)

## Ninjutsu

**Second blue, purple, brown and black belts**

**Years 3 to 6** (plus Years 7 and 8 from Senior Prep)

**Tuesdays | 5.15pm – 5.55pm | Games Room**

Pupils on Ninjutsu club lists will be carried over from the previous term. Please deselect on the Parent Portal if not required. Please note parents are required to give one term's notice of their child stopping Ninjutsu. Additional fees apply (cost varies termly, as indicated on the Portal).

Pupil numbers: 16 max

Staff contact: [sussexbujinkan@gmail.com](mailto:sussexbujinkan@gmail.com)



## Science club

**Years 5 and 6**

**Tuesdays | 4.30pm – 5.15pm | JS1**

A fun Science club.

Staff contact: Kristina Money

[kristina.money@hppc.co.uk](mailto:kristina.money@hppc.co.uk)

## Vibrant Voices

**Years 4 to 6**

**Tuesdays | 12.20pm – 12.55pm | Music School**

A vocal group singing light repertoire in harmony.

Staff contact: Rachel Threlfall

[rachel.threlfall@hppc.co.uk](mailto:rachel.threlfall@hppc.co.uk)

## Woodland and Campcraft Skills

**Year 6** (plus Year 7 from Senior Prep)

**Tuesdays | 4.30pm – 5.30pm | Woodland School**

A woodland and campcraft skills session, including fire building, cooking, dead hedging, building dens, exploring the flora and fauna and making items using wood such as whistles. From half term onwards. Pupils should sign up for one term only.

Pupil numbers: 6 max

Staff contact: Christopher Filkins

[christopher.filkins@hppc.co.uk](mailto:christopher.filkins@hppc.co.uk)









# Wednesdays

## After-School Care Helpers

**Years 5 and 6**

**Every day | 4.30pm – 5.15pm | Year 2 classroom**

An opportunity for pupils in Years 5 and 6 to organise games and activities to play with pupils in Reception, Year 1 and Year 2. This activity is available every day for two pupils at a time.

Pupil numbers: 2 max

Staff contact: Hattie Thompson

[hattie.thompson@hppc.co.uk](mailto:hattie.thompson@hppc.co.uk)

## Ballet (Open Level)

**Years 3 to 6** (plus Years 7 and 8 from Senior Prep)

**Wednesdays | 5.15pm – 6.00pm | New Dance Studio**

Open level, mixed ability Ballet creating works for the Prep School Dance Showcase. For this reason consistent attendance is required and if more than three consecutive sessions are missed the pupil's place in the Showcase will be forfeited.

Pupil numbers: 18 max

Staff contact: Caroline Ticktum

[caroline.ticktum@hppc.co.uk](mailto:caroline.ticktum@hppc.co.uk)

## Flute Juice

**Years 3 to 6** (plus Years 7 and 8 from Senior Prep)

**Wednesdays | 10.35am – 10.55am | Music School**

Flute ensemble for all flute players in all year groups.

Pupil numbers: 18 max

Staff contact: Ms Anne Hodgson

[anne.hodgson@hppc.co.uk](mailto:anne.hodgson@hppc.co.uk)

## Tap Dancing

**Years 3 to 6**

**Wednesdays | 4.30pm – 5.15pm | Moore Hall**

Open Level Tap creating works for the Prep School Dance Showcase. For this reason consistent attendance is required and if more than three consecutive sessions are missed the pupil's place in the Showcase will be forfeited.

Pupil numbers: 18 max

Staff contact: Caroline Ticktum

[caroline.ticktum@hppc.co.uk](mailto:caroline.ticktum@hppc.co.uk)

## Swerve Soccer

**Years 3 and 4**

**Wednesdays | 4.30pm – 5.15pm | Location TBC**

Developing each individual's football skills in a fun coaching environment.

Pupil numbers: 30 max

Staff contact: George at Swerve Soccer Camps

[info@swervesoccercamps.com](mailto:info@swervesoccercamps.com)

## Swim Squad

**Years 3 and 4 - invitation only**

**Wednesdays | 4.30pm – 5.30pm | Swimming pool**

Invitation to join the Swim Squad is by a swimming trial.

Staff contact: Anthony Gray

[anthony.gray@hppc.co.uk](mailto:anthony.gray@hppc.co.uk)

# Thursdays

## After-School Care Helpers

**Years 5 and 6**

**Every day | 4.30pm – 5.15pm | Year 2 classroom**

An opportunity for pupils in Years 5 and 6 to organise games and activities to play with pupils in Reception, Year 1 and Year 2. This activity is available every day for two pupils at a time.

Pupil numbers: 2 max

Staff contact: Hattie Thompson

[hattie.thompson@hppc.co.uk](mailto:hattie.thompson@hppc.co.uk)

## Art Club

**Years 5 and 6**

**Thursdays | 4.30pm – 5.15pm | Art Room**

Work with a range of materials to develop art skills.

Pupil numbers: 16 max

Staff contact: Jane Cross

[jane.cross@hppc.co.uk](mailto:jane.cross@hppc.co.uk)

## Athletics

**Years 5 to 6** (plus Years 7 and 8 from Senior Prep)

**Thursdays | 4.30pm – 5.30pm | Highfield Cage**

Develop the foundation, skills and movement for running, jumping and throwing.

Pupil numbers: 20 max

Staff contact: Benjamin Dewey and Kristina Money

[benjamin.dewey@hppc.co.uk](mailto:benjamin.dewey@hppc.co.uk)

[kristina.money@hppc.co.uk](mailto:kristina.money@hppc.co.uk)

## Chapel Choir (Junior Prep School)

**Years 5 and 6**

**Thursdays | 12.20pm – 12.55pm | MU025 - Beethoven**

The Junior Prep School Chapel Choir will cover a range of musical genres and prepare performances to sing in chapel services and concerts.

Staff contact: Kate Bray

[kate.bray@hppc.co.uk](mailto:kate.bray@hppc.co.uk)

## Heart of Hurst newspaper

**Years 3 to 6** (plus Years 7 and 8 from Senior Prep)  
**- invitation only**

**Thursdays | 12.15pm – 12.45pm | PS111**

A digital newspaper written by different year groups each term.

Staff contact: Zoe Taylor-West

[zoe.taylor-west@hppc.co.uk](mailto:zoe.taylor-west@hppc.co.uk)

## Hockey

**Years 3 and 4 (boys and girls)**

**Years 5 and 6 (boys and girls)**

**Thursdays | 4.30pm – 5.30pm | West/South Astro**

Hockey training with skills, drills and fun match play.

Meet outside by the Moore Hall.

Pupil numbers: 25 max (per club)

Staff contact: Benjamin Dewey and Kristina Money

[benjamin.dewey@hppc.co.uk](mailto:benjamin.dewey@hppc.co.uk)

[kristina.money@hppc.co.uk](mailto:kristina.money@hppc.co.uk)

## Lego

**Years 5 and 6**

**Thursdays | 4.30pm – 5.15pm | LS Room**

A quiet, creative club for building Lego - plus a weekly challenge!

Pupil numbers: 20 max

Staff contact: Laura Duffield

[laura.duffield@hppc.co.uk](mailto:laura.duffield@hppc.co.uk)

## More Marvellous Maths

**Years 5 and 6**

**Thursdays | 4.30pm – 5.15pm | PT3**

A variety of fun maths puzzles, games and challenges.

Pupil numbers: 16 max

Staff contact: Lydia Crichton

[lydia.crichton@hppc.co.uk](mailto:lydia.crichton@hppc.co.uk)



## Music Theory

**Years 3 to 6** (plus Years 7 and 8 from Senior Prep)

**Thursdays | 12.30pm – 12.50pm | PM3**

For students wishing to improve their understanding of musical theory or are working towards a graded theory exam.

Pupil numbers: 8 pupils max

Staff contact: Saffron Usher

[saffron.usher@hppc.co.uk](mailto:saffron.usher@hppc.co.uk)

## Swim Squad

**Years 5 to 6** (plus Years 7 and 8 from Senior Prep)

**- invitation only**

**Thursdays | 4.30pm – 6.00pm | Swimming pool**

Invitation to join the Swim Squad is by a swimming trial.

Staff contact: Anthony Gray

[anthony.gray@hppc.co.uk](mailto:anthony.gray@hppc.co.uk)

## Street Dance Crew

**Years 5 and 6**

**Thursdays | 4.30pm – 5.15pm | Games Room**

Open Level Street creating works for the Prep School Dance Showcase. For this reason consistent attendance is required and if more than three consecutive sessions are missed the pupil's place in the Showcase will be forfeited.

Pupil numbers: 18 max

Staff contact: Nicola Dominy

[nicola.dominy@hppc.co.uk](mailto:nicola.dominy@hppc.co.uk)



# Fridays

## After-School Care Helpers

**Years 5 and 6**

**Every day | 4.30pm – 5.15pm | Year 2 classroom**

An opportunity for pupils in Years 5 and 6 to organise games and activities to play with pupils in Reception, Year 1 and Year 2. This activity is available every day for two pupils at a time.

Pupil numbers: 2 max

Staff contact: Hattie Thompson

[hattie.thompson@hppc.co.uk](mailto:hattie.thompson@hppc.co.uk)

## Coding and Computing

**Years 3 to 5**

**Fridays | 4.30pm – 5.15pm | PM3**

Pupils practise coding using Scratch on the PCs and Kodable on the iPads. They use apps such as PowerPoint and Word to develop their computing skills.

Pupil numbers: 20 max

Staff contact: Kate O'Neill

[kate.oneill@hppc.co.uk](mailto:kate.oneill@hppc.co.uk)

## Cricket

**Years 3 and 4 club (boys and girls)**

**Years 5 and 6 club (boys and girls)**

**Fridays | 4.30pm – 5.30pm | Astro/Sports Hall**

Practise bowling and batting. Meet outside by the Moore Hall.

Pupil numbers: 20 max (per club)

Staff contact: Benjamin Dewey and Kristina Money

[benjamin.dewey@hppc.co.uk](mailto:benjamin.dewey@hppc.co.uk)

[kristina.money@hppc.co.uk](mailto:kristina.money@hppc.co.uk)

## Film Club

**Years 3 to 6**

**Fridays | 4.30pm – 5.15pm | Classroom 4B**

A relaxed way to end the week watching U certificate films.

Pupil numbers: 4 min, 20 max

Staff contact: Georgia Jones

[georgia.jones@hppc.co.uk](mailto:georgia.jones@hppc.co.uk)

## Netball

**Years 3 and 4 club (girls)**

**Years 5 and 6 club (girls)**

**Fridays | 4.30pm – 5.55pm | Netball Courts**

All abilities welcome. Fun netball drills and match play. Meet outside by the Moore Hall.

Pupil numbers: 30 max (per club)

Staff contact: Kristina Money

[kristina.money@hppc.co.uk](mailto:kristina.money@hppc.co.uk)

## Rugby

**Years 3 and 4 (boys)**

**Years 5 and 6 (boys)**

**Fridays | 4.30pm – 5.30pm | Field**

Practice passing, kicking and tackling skills. Meet outside by the Moore Hall.

Pupil numbers: 50 max

Staff contact: Benjamin Dewey

[benjamin.dewey@hppc.co.uk](mailto:benjamin.dewey@hppc.co.uk)

## Street Dance Crew

**Years 3 and 4**

**Fridays | 11.50am – 1.00pm | New Dance Studio**

Open Level Street creating works for the Prep School Dance Showcase. For this reason consistent attendance is required and if more than three consecutive sessions are missed the pupil's place in the Showcase will be forfeited. Packed lunch will be provided.

Pupil numbers: 18 max

Staff contact: Nicola Dominy

[nicola.dominy@hppc.co.uk](mailto:nicola.dominy@hppc.co.uk)

## Tennis

**Years 5 and 6 (boys and girls)** (plus Years 7 and 8 from Senior Prep)

**Fridays | 4.30pm – 5.55pm | Tennis Courts**

Learn key racket and ball handling skills, as well as game play. Meet outside by the Moore Hall.

Pupil numbers: 30 max

Staff contact: Benjamin Dewey

and Kristina Money [benjamin.dewey@hppc.co.uk](mailto:benjamin.dewey@hppc.co.uk)

[kristina.money@hppc.co.uk](mailto:kristina.money@hppc.co.uk)



## Waterpolo

**Years 5 and 6** (plus Years 7 and 8 from Senior Prep)

**Fridays | 4.30pm – 5.30pm | Swimming pool**

Pupils need to be competent and confident swimmers, able to tread water and comfortable out of their depth.

Pupil numbers: 10 min, 14 max

Staff contact: Anthony Gray

[anthony.gray@hppc.co.uk](mailto:anthony.gray@hppc.co.uk)



## Hurstpierpoint College

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