

# Activities

Years 7 and 8 Michaelmas Term 2024

**Senior Prep School** 





Dear Parents and pupils,

The co-curricular life of our pupils at Hurst Senior Prep School is important to us. We encourage all pupils to try new skills and activities, not only for the sense of wellbeing, achievement and fun they bring, but also because they facilitate the development of many life skills.

In this booklet you will find an extensive list of activities available this term. These offer our pupils the chance to sample a variety of academic, physical and creative options. There are also other opportunities to engage in the wider co-curricular programme with a large number of sports fixtures, drama productions and music concerts throughout the year, plus musical instrument tuition, LAMDA and Royal Academy of Dance (RAD) Ballet lessons.

Please sign up for all activities via the Parent Portal, with the exception of activities that are indicated as invitation only.

We are confident that every child will find something that they enjoy and be able to take advantage of the wonderful opportunities on offer at Hurst Senior Prep.

Simon Lilley Head of Senior Prep School

# Mondays

### Ballet

#### Years 7 Mondays | Lunchtime | Dance Studio

Open Level Ballet accessible to any pupil of any ability. Pupil numbers: 18 max Staff contact: Caroline Ticktum

caroline.ticktum@hppc.co.uk

# Chapel Choir (Senior Prep School)

#### Years 7 and 8

#### Mondays | 3.45pm - 4.30pm | Chapel

The Senior Prep School Chapel Choir will cover a range of musical genres and prepare performances to sing in chapel services and concerts.

Staff contact: Kate Bray kate.bray@hppc.co.uk

# Choreography

Years 7 and 8 Mondays | Lunchtime | Dance Studio Choreography club Pupil numbers: 18 max Staff contact: Nicola Dominy nicola.dominy@hppc.co.uk

### Jazz Band

Years 7 and 8 (plus Years 5 and 6 from Junior Prep) Mondays | 5.15pm – 5.55pm | Music School A chance for jazz enthusiasts to play together in an ensemble. All instrumentalists welcome. Staff contact: Mark Travers mark.travers@hppc.co.uk

#### Junior Johnians

Years 7 and 8 Mondays | 4.30pm - 5.15pm | TBC Staff contact: LJA

# Leap Dance Company

#### Years 7 and 8

#### Mondays | 5.15pm – 6.00pm | Moore Hall

Contemporary dance company creating works for the Prep School Dance Showcase. For this reason consistent attendance is required and if more than three consecutive sessions are missed the pupil's place in the Showcase will be forfeited.

Pupil numbers: 18 max

Staff contact: Nicola Dominy nicola.dominy@hppc.co.uk

# Orchestra

Years 7 and 8 (plus Years 3 to 6 from Junior Prep) Mondays | 4.30pm - 5.15pm | Music School All orchestral instrumentalists of a Grade 1+ standard are welcome to attend. Staff contact: Corey Wickens <u>corey.wickens@hppc.co.uk</u>

#### Percussion group

Years 7 and 8 (plus Years 5 and 6 from Junior Prep) Mondays | 4.30pm - 5.15pm | Music School A percussion group for committed drummers and pianists who enjoy playing in an ensemble. Pupil numbers: 8 pupils max Staff contact: Mark Travers mark.travers@hppc.co.uk

# Simply Strings

Years 7 and 8 (plus Years 3 to 6 from Junior Prep) Mondays | Breaktime | Music School Violin, viola, cello and double bass players of all abilities are welcome to attend. Staff contact: Corey Wickens corey.wickens@hppc.co.uk

### Strength and Conditioning

Year 8 - invitation only Mondays | 4.30pm – 5.55pm | Gym Resistance, agility and speed training. Staff contact: Benjamin Dewey and Kristina Money benjamin.dewey@hppc.co.uk kristina.money@hppc.co.uk

# Tuesdays

#### Art Club

#### Year 8 - invitation only

**Tuesdays | 4.30pm – 5.15pm | Prep Art Room** Building a Portfolio in preparation for Art Scholarship applications.

Staff contact: Lucy Lane

lucy.lane@hppc.co.uk

### **Cross Country Running**

#### Years 7 and 8

#### Tuesdays | 4.30pm - 5.15pm | Field

Learn and practise technique for long distance running. Meet outside by the Moore Hall. Runs until half term.

Pupil numbers: 8 max

Staff contact: Philip Jacques

philip.jacques@hppc.co.uk

# Drama Club (Year 8)

Year 8 - invitation only

#### Tuesdays | 4.30pm - 5.15pm | PSDR

Preparation for Drama Scholarship applications, as well as rehearsals for a Year 8 studio play in the Summer term.

Staff contact: Mr Marcus Wilkinson marcus.wilkinson@hppc.co.uk

# DT Electronics - Steady Hand Game

#### Year 8

#### Tuesdays | 5.15pm – 5.55pm | DT2

Learn about electronic components and circuits to create your own Steady Hand Game.

Pupil numbers: 12 max Staff contact: Ruth Brown <u>ruth.brown@hppc.co.uk</u>

### DT Woodwork - Noughts and Crosses

#### Year 7

Tuesdays | 4.30pm – 5.15pm | DT2

Learn new woodworking skills to create a wooden noughts and crosses board game.

Pupil numbers: 12 max Staff contact: Ruth Brown <u>ruth.brown@hppc.co.uk</u>

# French catch-up

#### Year 7

#### Tuesdays | 4.30pm – 5.15pm | PG2

Recommended for pupils who are new to French. A club for beginners learning the basics of French. Pupil numbers: 20 max Staff contact: Alison Filkins alison.filkins@hppc.co.uk

# **Improv Club**

Years 7 and 8 (plus Year 6 from Junior Prep) Tuesdays | Lunchtime | Music School A chance for instrumental musicians to develop their improvisation skills. Pupil numbers: 8 pupils max Staff contact: Mark Travers mark.travers@hppc.co.uk

# **Music Theory**

#### Years 7 and 8 Tuesdays | Lunchtime | MU001

For students wishing to improve their understanding of musical theory or are working towards a graded theory exam.

Pupil numbers: 8 pupils max

Staff contact: Miss Usher

saffron.usher@hppc.co.uk

# Philosothon

Years 7 and 8

Tuesdays | 4.30pm - 5.15pm | PT05

Collaborative debating to gain deeper understanding of philosophical topics. Pupil numbers: 16 max Staff contact: Martin Clay martin.clay@hppc.co.uk

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# Tuesdays

#### Propulsion Boys Dance Co.

Years 7 and 8 (boys)

#### Tuesdays | 5.15pm – 5.55pm | Dance Studio

Boys Physical Theatre, contact work, body conditioning, Pilates and Contemporary Dance. We work with, and alongside, Senior School boys.

Pupil numbers: 18 max

Staff contact: Nicola Dominy

nicola.dominy@hppc.co.uk

### **Street Dance Crew**

#### Years 7 and 8

#### Tuesdays | 4.30pm – 5.15pm | New Bury Foyer

A Street Dance crew creating works for the Prep School Dance Showcase. For this reason consistent attendance is required and if more than three consecutive sessions are missed then the pupil's place in the Showcase will be forfeited.

Pupil numbers: 18 max Staff contact: Nicola Dominy

nicola.dominy@hppc.co.uk

### **Tabletop Gaming**

#### Years 7 and 8

#### Tuesdays | 4.30pm – 5.15pm | Physics 3

A club for those who want to focus on modelling, painting and playing tabletop games, such as Warhammer. Attendees MUST have prior experience. If your child is new to tabletop gaming but interested in joining, please email Mr Pocknell for advice on how to get started before signing up for the club.

Pupil numbers: 10 max Staff contact: Oliver Pocknell oliver.pocknell@hppc.co.uk

# Woodland and Campcraft Skills

Year 7 (plus Year 6 from Junior Prep)

Tuesdays | 4.30pm – 5.55pm | Woodland School

A woodland and campcraft skills session, including fire building, cooking, dead hedging, building dens, exploring the flora and fauna and making items using wood such as whistles. Pupils should sign up for one term only.

Pupil numbers: 6 max Staff contact: Christopher Filkins <u>christopher.filkins@hppc.co.uk</u>

# Wednesdays

# Ballet (Open Level)

Years 7 and 8 Wednesdays | 5.15pm – 5.55pm | Dance Studio Open Level Ballet accessible to any pupil of any ability. Pupil numbers: 18 max Staff contact: Caroline Ticktum caroline.ticktum@hppc.co.uk

### Flute Juice

Years 7 and 8 (plus Years 3 to 6 from Junior Prep) Wednesdays | Breaktime | Music School Flute ensemble for all flute players in all year groups. Pupil numbers: 18 max Staff contact: Ms Anne Hodgson anne.hodgson@hppc.co.uk

### Rambert Dance Grade 1

Years 7 and 8 Wednesdays | 5.15pm – 5.55pm | Dance Studio Pupil numbers: 18 max Staff contact: Nicola Dominy <u>nicola.dominy@hppc.co.uk</u>

### Tap Dancing (Senior Prep)

Years 7 and 8 Wednesdays | Lunchtime | Moore Hall Open Level Tap accessible to any pupil of any ability. Pupil numbers: 18 max Staff contact: Caroline Ticktum caroline.ticktum@hppc.co.uk

# Thursdays

#### Art Club

Years 7 and 8 Thursdays | 5.15pm – 5.55pm | Prep Art Room Work with a range of materials to develop art skills. Pupil numbers: 16 max Staff contact: Jane Cross jane.cross@hppc.co.uk

#### British Sign Language (BSL)

Years 7 and 8 (plus Years 3 to 6 from Junior Prep) Thursdays | 4.30pm – 5.15pm | PG1 Pupils will learn conversational BSL and a Sign Supported Language song to finish the term. Pupil numbers: 4 min, 14 max Staff contact: Aly Llewellyn Slade aly.llewellynslade@hppc.co.uk

#### **Chess Club**

Years 7 and 8 (plus Year 6 from Junior Prep) Thursdays | 4.30pm – 5.55pm | Prep Library A club for Chess players to work on their game strategy and play against other pupils. Pupil numbers: 22 max Staff contact: Simon Lilley simon.lilley@hppc.co.uk

# **Climbing Club**

Years 7 and 8 Thursdays | 4.30pm – 5.55pm | Climbing wall Bouldering and climbing on the school climbing wall. Pupil numbers: 4 min, 8 max Staff contact: Sarah Peach sarah.peach@hppc.co.uk

### Cricket

Years 7 and 8 (boys and girls) Thursdays | 4.30pm – 5.55pm | Astro/Sports Hall Practise bowling and batting. Meet outside by the Moore Hall. Pupil numbers: 30 max Staff contact: Benjamin Dewey and Kristina Money benjamin.dewey@hppc.co.uk kristina.money@hppc.co.uk

# **Greek Club**

Years 7 and 8

Thursdays | Lunchtime | Location TBC An exciting exploration into ancient Greek myth and language. Pupil numbers: 10 max Staff contact: Tamsin Morton tamsin.morton@hppc.co.uk

#### Heart of Hurst newspaper

Years 7 and 8 (plus Years 3 to 6 from Junior Prep) - invitation only Thursdays | 12.15pm – 12.45pm | PS111 A digital newspaper written by different year groups each term. Staff contact: Zoe Taylor-West zoe.taylor-west@hppc.co.uk

### **Improvisation Project**

Years 7 and 8 (plus Year 6 from Junior Prep) Tuesdays | 5.15pm – 6.00pm | Music School A chance for musicians to develop their improvisation skills. Pupil numbers: 8 pupils max Staff contact: Mark Travers mark.travers@hppc.co.uk

# Light Lunch

Years 7 and 8 Thursdays | Lunchtime | Chapel Engage in discussion about the Light of the World with a light buffet lunch. Pupil numbers: 80 max Staff contact: Janneke Blokland janneke.blokland@hppc.co.uk

# Thursdays

#### Percussion group

Years 7 and 8 (plus Years 5 and 6 from Junior Prep) Thursday | 4.30pm – 5.15pm | Music School A percussion group for committed drummers and pianists who enjoy playing in an ensemble. Pupil numbers: 8 max Staff contact: Mark Travers mark.travers@hppc.co.uk

### Swim Squad

Years 7 and 8 (plus Years 5 and 6 from Junior Prep) - invitation only Thursdays | 4.30pm – 5.55pm | Swimming pool Invitation to join the Swim Squad is by a swimming trial. Staff contact: Anthony Gray

anthony.gray@hppc.co.uk

# Fridays

#### Hockey

Years 7 and 8 (boys and girls) Fridays | 4.30pm – 5.55pm | South Astro Hockey training with skills, drills and fun match play. Meet outside by the Moore Hall. Pupil numbers: 50 max Staff contact: Benjamin Dewey and Kristina Money benjamin.dewey@hppc.co.uk kristina.money@hppc.co.uk

### Rugby

Years 7 and 8 (boys) Fridays | 4.30pm – 5.55pm | Field A chance for pupils to practice their passing, kicking and tackling skills. Meet outside by the Moore Hall. Pupil numbers: 50 max Staff contact: Benjamin Dewey benjamin.dewey@hppc.co.uk

### Tennis

Years 7 and 8 (boys and girls) (plus Years 5 and 6 from Junior Prep) Fridays | 4.30pm – 5.55pm | Tennis Courts Learn racket control, grip, basic strokes and fun game play. Meet outside by the Moore Hall. Pupil numbers: 30 max Staff contact: Benjamin Dewey and Kristina Money benjamin.dewey@hppc.co.uk kristina.money@hppc.co.uk

### Waterpolo

Years 7 and 8 (plus Years 5 and 6 from Junior Prep) Fridays | 4.30pm – 5.30pm | Swimming pool Pupils need to be competant and confident swimmers, able to treadwater and comfortable out of their depth. Pupil numbers: 10 pupils min, 14 pupils max Staff contact: Anthony Gray anthony.gray@hppc.co.uk



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