

Activities

Years 7 and 8 Lent Term 2025



Dear Parents and pupils,

The co-curricular life of our pupils at Hurst Senior Prep School is important to us. We encourage all pupils to try new skills and activities, not only for the sense of wellbeing, achievement and fun they bring, but also because they facilitate the development of many life skills.

In this booklet you will find an extensive list of activities available this term. These offer our pupils the chance to sample a variety of academic, physical and creative options. There are also other opportunities to engage in the wider co-curricular programme with a large number of sports fixtures, drama productions and music concerts throughout the year, plus musical instrument tuition, LAMDA and Royal Academy of Dance (RAD) Ballet lessons.

Please sign up for all activities via the Parent Portal, with the exception of activities that are indicated as invitation only.

We are confident that every child will find something that they enjoy and be able to take advantage of the wonderful opportunities on offer at Hurst Senior Prep.

Work hard, do good and engage!

Simon Lilley Head of Senior Prep School

Mondays

Chapel Choir (Senior Prep School)

Years 7 and 8

Mondays | 3.45pm - 4.30pm | Music School

The Senior Prep School Chapel Choir will cover a range of musical genres and prepare performances to sing in chapel services and concerts.

Staff contact: Kate Bray kate.bray@hppc.co.uk

Choreography

Years 7 and 8

Mondays | Lunchtime | Dance Studio

Choreography club Pupil numbers: 18 max

Staff contact: Nicola Dominy nicola.dominy@hppc.co.uk

Jazz Band

Years 7 and 8 (plus Years 5 and 6 from Junior Prep)

Mondays | 5.15pm - 5.55pm | Music School

A chance for jazz enthusiasts to play together in an ensemble. All instrumentalists welcome.

Staff contact: Mark Travers mark.travers@hppc.co.uk

Leap Dance Company

Years 7 and 8

Mondays | 5.15pm - 6.00pm | Moore Hall

Contemporary dance company creating works for the Prep School Dance Showcase. For this reason consistent attendance is required and if more than three consecutive sessions are missed the pupil's place in the Showcase will be forfeited.

Pupil numbers: 18 max Staff contact: Nicola Dominy nicola.dominy@hppc.co.uk

Orchestra

Years 7 and 8 (plus Years 3 to 6 from Junior Prep)

Mondays | 4.30pm - 5.15pm | Music School

All orchestral instrumentalists of a Grade 1+ standard are welcome to attend.

Staff contact: Kate Brav

kate.bray@hppc.co.uk

Strength and Conditioning

Year 8 - invitation only

Mondays | 4.30pm - 6.00pm | Gym

Resistance, agility and speed training.

Staff contact: Benjamin Dewey and Kristina Money

benjamin.dewey@hppc.co.uk

kristina.money@hppc.co.uk

Tuesdays

Art Club

Year 8 - invitation only

Tuesdays | 4.30pm - 5.15pm | Prep Art Room

Building a Portfolio in preparation for Art Scholarship

applications.

Staff contact: Lucy Lane lucy.lane@hppc.co.uk

Ballet

Year 7

Tuesdays | Lunchtime | Moore Hall

Royal Academy of Dance (RAD) Ballet class working

towards exams.

Pupil numbers: 18 max

Staff contact: Caroline Ticktum caroline.ticktum@hppc.co.uk

Confirmation

Years 7 and 8

Tuesdays | 5.15pm - 6.00pm | Chapel Vestry

Explore ideas and talk about Christianity with the option to be confirmed by the Bishop at the end of the

course.

Staff contact: Janneke Blokland janneke.blokland@hppc.co.uk

Cross Country

Years 7 and 8

Tuesdays | 4.30pm - 5.15pm | Field

Learn and practise technique for long distance running. Meet outside by the Moore Hall. After half

term only.

Pupil numbers: 8 max

Staff contact: Philip Jacques philip.jacques@hppc.co.uk

Drama Club (Year 8)

Year 8 - invitation only

Tuesdays | 4.30pm - 5.15pm | PSDR

Preparation for Drama Scholarship applications, as well as rehearsals for a Year 8 studio play in the

Summer term.

Staff contact: Marcus Wilkinson marcus.wilkinson@hppc.co.uk

DT Electronics - Electronic Dice

Year 8

Tuesdays | 5.15pm - 5.55pm | DT2

Learn about electronic components and circuits alongside woodworking processes to create an

electronic dice and scoreboard.

Pupil numbers: 12 max Staff contact: Ruth Brown ruth.brown@hppc.co.uk

DT Woodwork - Birdhouse

Year 7

Tuesdays | 4.30pm - 5.15pm | DT2

Learn new woodworking skills to create a functional

plywood birdhouse Pupil numbers: 12 max

Staff contact: Ruth Brown

ruth.brown@hppc.co.uk

French Culture Club

Year 7

Tuesdays | 4.30pm - 5.15pm | PG2

An opportunity to enjoy French culture, such as food,

films, TV and History. All abilities welcome.

Pupil numbers: 20 max Staff contact: Alison Filkins alison.filkins@hppc.co.uk

Tuesdays

Performance Club (13+)

13+ Scholar applicants (Year 8) – invitation only Tuesdays | 4.30pm – 5.15pm | PM3

Boys Physical Theatre, contact work, body conditioning, Pilates and Contemporary Dance. We work with, and alongside, Senior School boys.

Pupil numbers: 18 max Staff contact: SZL

Propulsion Boys Dance Co.

Years 7 and 8 (boys)

Tuesdays | 5.15pm - 5.55pm | Moore Hall

Boys Physical Theatre, contact work, body conditioning, Pilates and Contemporary Dance. We work with, and alongside, Senior School boys.

Pupil numbers: 18 max Staff contact: Nicola Dominy nicola.dominy@hppc.co.uk

College Brass

Years 7 and 8 - invitation only

Tuesdays | 5.15pm - 5.55pm | MU025 (Beethoven)

A musical ensemble for brass players (Grade 4+).

Staff contact: Mark Travers mark.travers@hppc.co.uk

Golf Simulators

Years 7 and 8

Tuesdays | Lunchtime | Golf Sims

Try out golf, or improve your skills, in the Hurst Golf simulators.

Pupil numbers: 2 min, 10 max Staff contact: Elliott Middleton elliott.middleton@hppc.co.uk

Street Dance Crew

Years 7 and 8

Tuesdays | 4.30pm - 5.15pm | R-Y2 Games Room

A Street Dance crew creating works for the Prep School Dance Showcase. For this reason consistent attendance is required and if more than three consecutive sessions are missed then the pupil's place in the Showcase will be forfeited.

Pupil numbers: 18 max

Staff contact: Nicola Dominy nicola.dominy@hppc.co.uk

Tabletop Gaming

Years 7 and 8

Tuesdays | 5.00pm - 5.55pm | Physics 3

A club for those who want to focus on modelling, painting and playing tabletop games, such as Warhammer. Attendees MUST have prior experience. If your child is new to tabletop gaming but interested in joining, please email Mr Pocknell for advice on how to get started before signing up for the club.

Pupil numbers: 10 max

Staff contact: Oliver Pocknell oliver.pocknell@hppc.co.uk

Woodland and Campcraft Skills

Year 7 (plus Year 6 from Junior Prep)

Tuesdays | 4.30pm - 5.30pm | Woodland School

A woodland and camperaft skills session, including fire building, cooking, dead hedging, building dens, exploring the flora and fauna and making items using wood such as whistles. Begins after February half term. Pupils should sign up for one term only.

Pupil numbers: 6 max

Staff contact: Christopher Filkins <u>christopher.filkins@hppc.co.uk</u>

Wednesdays

Ballet (Open Level)

Years 7 and 8

Wednesdays | 5.15pm - 5.55pm | Moore Hall

Open Level Ballet accessible to any pupil of

any ability.

Pupil numbers: 18 max

Staff contact: Caroline Ticktum caroline.ticktum@hppc.co.uk

Flute Juice

Years 7 and 8 (plus Years 3 to 6 from Junior Prep)

Wednesdays | Breaktime | Music School

Flute ensemble for all flute players in all year groups.

Pupil numbers: 8 max

Staff contact: Ms Anne Hodgson

anne.hodgson@hppc.co.uk

Rambert Dance Grade 1

Years 7 and 8

Wednesdays | 5.15pm - 5.55pm | Dance Studio

Rambert Grades provides progressive contemporary dance training and examinations. Grounded in professional practice, it embraces an ethos of inclusive dance education which works with the whole person to develop transferable skills. Pupils have the option of taking the exam in June but this is not compulsory. Entrance exam fee applies.

Pupil numbers: 18 max

Staff contact: Nicola Dominy nicola.dominy@hppc.co.uk

Tap Dancing (Senior Prep)

Years 7 and 8

Wednesdays | Lunchtime | Moore Hall

Open Level Tap accessible to any pupil of any ability.

Pupil numbers: 18 max

Staff contact: Caroline Ticktum caroline.ticktum@hppc.co.uk

Thursdays

Art Club

Years 7 and 8

Thursdays | 4.30pm - 5.15pm | Prep Art Room

Work with a range of materials to develop art skills.

Pupil numbers: 16 max Staff contact: Jane Cross jane.cross@hppc.co.uk

British Sign Language (BSL)

Years 7 and 8 (plus Years 3 to 6 from Junior Prep)

Thursdays | 4.30pm - 5.15pm | PG1

Pupils will learn conversational BSL and a Sign Supported Language song to finish the term.

Pupil numbers: 4 min, 10 max Staff contact: Aly Llewellyn Slade aly.llewellynslade@hppc.co.uk

Chess Club

Years 7 and 8 (plus Year 6 from Junior Prep)

Thursdays | 4.30pm - 5.55pm | Prep Library

A club for Chess players to work on their game strategy and play against other pupils.

Pupil numbers: 22 max Staff contact: Simon Lilley simon.lilley@hppc.co.uk

Climbing Club

Years 7 and 8

Thursdays | 4.30pm - 5.30pm | Climbing wall

Bouldering and climbing on the school climbing wall.

Pupil numbers: 4 min, 8 max Staff contact: Sarah Peach sarah.peach@hppc.co.uk

Cricket

Years 7 and 8 (boys and girls)

Thursdays | 4.30pm - 5.55pm | Astro/Sports Hall

Practise bowling and batting. Meet outside by the

Moore Hall.

Pupil numbers: 30 max

Staff contact: Benjamin Dewey and Kristina Money

benjamin.dewey@hppc.co.uk kristina.money@hppc.co.uk

Rugby

Years 7 and 8 (boys)

Thursdays | 4.30pm - 5.55pm | Field

A chance for pupils to practice their passing, kicking and tackling skills. Meet outside by the Moore Hall.

Pupil numbers: 50 max

Staff contact: Benjamin Dewey benjamin.dewey@hppc.co.uk

Greek Club

Years 7 and 8

Thursdays | Lunchtime | PT3

An exciting exploration into ancient Greek myth and language.

Pupil numbers: 10 max Staff contact: Ellie Miller ellie.miller@hppc.co.uk

Heart of Hurst newspaper

Years 7 and 8 – invitation only

Thursdays | 12.15pm - 12.45pm | PS3B

A digital newspaper written by different year groups each term.

Staff contact: Zoe Taylor-West zoe.taylor-west@hppc.co.uk

Light Lunch

Years 7 and 8

Thursdays | Lunchtime | Chapel

Engage in discussion about the Light of the World with a light buffet lunch.

Pupil numbers: 80 max

Staff contact: Janneke Blokland janneke.blokland@hppc.co.uk

Thursdays

Music Theory

Years 7 and 8 (plus Years 3 to 6 from Junior Prep)
Thursdays | Lunchtime | PM3

For students wishing to improve their understanding of musical theory or are working towards a graded theory exam.

Pupil numbers: 8 pupils max Staff contact: Saffron Usher saffron.usher@hppc.co.uk

Percussion Group

Years 7 and 8 (plus Years 5 and 6 from Junior Prep)

Thursdays | 4.30pm – 5.15pm | MU025 (Beethoven)

A percussion group for committed drummers and pianists who enjoy playing in an ensemble.

Pupil numbers: 8 max Staff contact: Mark Travers mark.travers@hppc.co.uk

Simply Strings

Years 7 and 8 (plus Years 3 to 6 from Junior Prep)

Thursdays | Lunchtime | Music School

Violin, viola, cello and double bass players of all abilities are welcome to attend.

Staff contact: Rachel Threlfall rachel.threlfall@hppc.co.uk

Swim Squad

Years 7 and 8 (plus Years 5 and 6 from Junior Prep) – invitation only

Thursdays | 4.30pm – 5.55pm | Swimming pool

Invitation to join the Swim Squad is by a swimming trial.

Staff contact: Anthony Gray anthony.gray@hppc.co.uk

Tennis

Years 7 and 8 (boys and girls) (plus Year 6 from Junior Prep)

Thursdays | 4.30pm - 6.00pm | Tennis Courts

Learn key racket and ball handling skills, as well as game play. Meet outside by the Moore Hall.

Pupil numbers: 30 max

Staff contact: Richard Harrison richard. harrison@hppc.co.uk





Fridays

Football (Boys)

Years 7 and 8 (boys)

Fridays | 4.30pm - 5.15pm | South Astro

A fun football club for boys in Years 7 and 8.

Staff contact: Andrew Joinson

andrew.joinson@hppc.co.uk

Hockey

Years 7 and 8 (boys and girls)

Fridays | 4.30pm - 5.15pm | South Astro

Hockey training with skills, drills and fun match play.

Meet outside by the Moore Hall.

Pupil numbers: 50 max

Staff contact: Benjamin Dewey and Kristina Money

benjamin.dewey@hppc.co.uk

kristina.money@hppc.co.uk

Netball (Beginners)

Years 7 and 8 (girls)

Fridays | 4.30pm - 5.15pm | Netball Courts

Netball club for inexperienced players or those new to Netball, to develop their basic skills and knowledge of

the game and rules.

Staff contact: Carol Adams and Siobhan Nicoll

carol.adams@hppc.co.uk

siobhan.nicoll@hppc.co.uk

Pre-Squad and Improvers Swimming

Years 7 and 8 (plus Years 3 to 6 from Junior Prep) – **invitation only**

Fridays | 4.30pm - 5.15pm | Swimming pool

Additional training for those in Years 5 to 8 working towards Swim Squad. Some support lessons for invited pupils in Years 2 and 4

invited pupils in Years 3 and 4.

Staff contact: Anthony Gray anthony.gray@hppc.co.uk



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